

Imost eight hundred
International 5.5 Metres have
been built since the first boat
was launched seventy years ago.
The 5.5 Metre is a construction class
using a variation of the International
Measurement Rule. It was an Olympic
class from 1952 to 1968, and the last
development class in Olympic regattas.

It has constantly developed over time, thanks to carefully written class rules, but always offering stateof-the-art boats. The formula has allowed for a wide range of boat ages to compete together in International regattas. Today, old and new boats race alongside each other in Classic, Evolution and Modern divisions.

The boats are a pure pleasure to sail. Anyone having experienced the unique upwind abilities and the challenge of handling the huge spinnakers downwind will understand why so many sailors have been attracted to these boats.

One of the defining events of the class is the Scandinavian Gold Cup. It dates in 1919, making it one of the oldest active trophies in the sport of sailing. It has been competed for using 5.5 Metres since 1953 and 92nd Scandinavian Gold Cup in Helsinki, in 2019, marks its 100th anniversary.



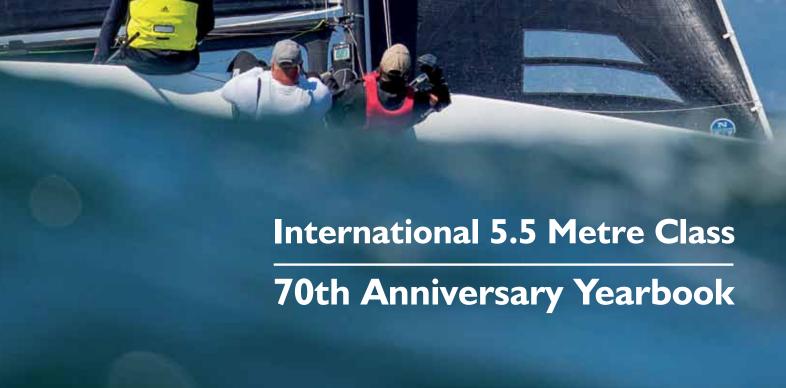






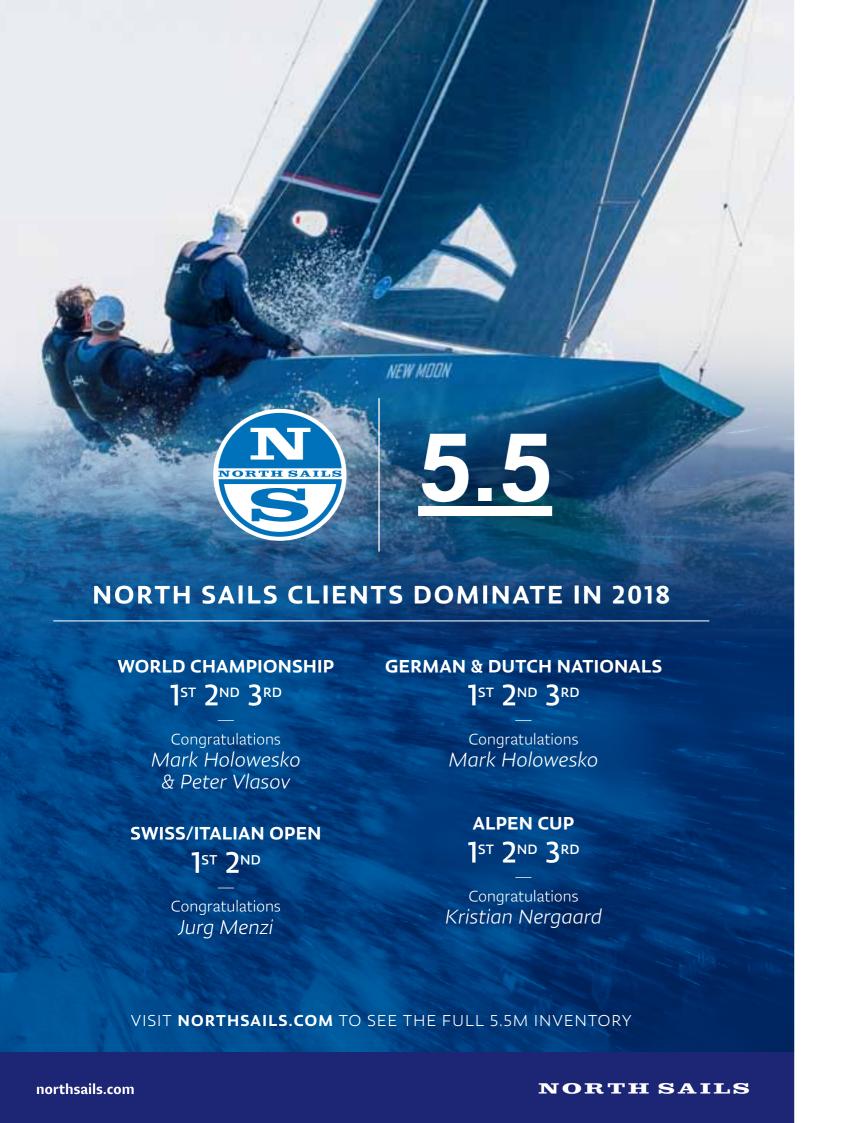


ONAL 5.5 METRE 70TH ANNIVERSAR











International 5.5 Metre Class

70th Anniversary Yearbook

HISTORY OFTHE 5.5 METRE

by Andrea Rossi

INTERNATIONAL 5.5 METRE CLASS ASSOCIATION



fter the Second World War, the sailing world needed a new direction. On the one hand, the fleet of 8 Meters and 6 Meters in Europe had suffered serious losses; on the other there was the need to contain the costs of setting up and managing new racing hulls. The International Yacht Racing Union (IYRU) provided the impetus for the study of new smaller, and more manageable, classes that could help develop new worldwide competition.

Rather than leaving this decision to a committee of experts, as happened for the birth of the International Metre Rule in force for the other classes, this time there was a sort of 'announcement' in which the individual designers could don in November 1947, it was discussed which formula to adopt. The best one was the 5.5 Metre rule, presented by Charles E. Nicholson

propose their own solution. At a meeting in Lon-



ABOVE: COPPA D'ITALIA IN 1954

BELOW: BELPHEGOR. A BRITTON CHANCE DESIGN FROM 1966

OPPOSITE TARA. A BRITTON CHANCE DESIGN FROM 1968

and Malden Heckstall-Smith, which seems to have been conceived by Nicholson himself in 1937 as an alternative to the more established 6 Metre class.

On October 28, 1949, the Permanent Committee of the IYRU definitively approved the 5.5 formula of the International Metre Rule, making only a few minor changes to the formula presented in 1947. Beppe Croce, the Olympian Bruno Bianchi and the designer were present at the meeting.

That year, Charles E. Nicholson launched

his The Deb (short for debutante) with the sail number K 1, the first example of an International 5.5 Metre.

Ever since the early years the international thrust of this new class was remarkable. Moreover the decision to create a new intermediate formula had been strongly influenced by the need to replace the 6 Metre Class as an Olympic class. This change was not long in coming when, in October 1950 in London, the IYRU decided that the next Olympics in Helsinki would include the 5.5 Metre.

At that first Olympics, there were 16 nations present, but the Nordic designers were dominant with as many as nine hulls at the start. Countries such Sweden, Finland and Switzerland already had more than a dozen hulls each. The class evolved rapidly in the following years to create a real sporting and technical movement involving the biggest names in world sailing. The Melbourne Olympics in 1956, Naples in 1960, Enoshima in 1964 and Acapulco in 1968 contributed to the worldwide spread of the class that, at the end of its Olympic era boasted over 650 hulls constructed.

IN 1969 THE class lost its Olympic status and in many countries development stopped or lost much of the momentum it possessed.

> The attention of sailors and designers moved to new, more modern and competitive classes, so the 5.5 Metre International Measurement class lost interest. However, in some countries, such as Switzerland, it had the strength to remain active and maintained the interest of sportsmen and enthusiasts.

The International Class began to focus more on attractive and appealing events, like the annual World Championship, or old and glorious trophies such as the Scandinavian Gold Cup.

The charm of the formula and the design challenges it presents allowed to it survive after the Olympic era. It is thanks to this, that today we can say that the 5.5 Metre class has survived and has been able to renew itself by keeping up with the times, and continuing to hold the interest of top sailors around the world.

THE INTERNATIONAL CLASS TODAY

From the second half of the 1990s the International Class took on its current form. In over 40 years of history the hulls produced had become too different and the need for renewal was felt by many parties, both to keep the history alive as well as to evolve towards the future. The current format provides three distinct 'divisions' within the Class with a differentiation based on the age of the boats: Modern: hull launched after 1994; Evolution: hulls launched after 1970 and before 1994; Classic: hulls launched before 1970.

THE MODERN DIVISION includes all the boats with original measurement certificates dated after January 1, 1994. The lines of these hulls have been stretched to their maximum; the keel has become very small and includes a trim tab to generate a higher lift. The rudder has a larger surface to compensate for the smaller keel. There is a new balance between these two appendices. The carbon fibre mast and boom are essential, the ballast keel has winglets and a trim tab.

Most modern boats of recent years have been designed by Sébastien Schmidt of Geneva. He has been the creative mastermind for new 5.5m boat designs for over two decades, giving them that extra competitive advantage with true state-of-the-art boat building. Other designers involved in producing fast lines for Modern boats are Doug Peterson and Ian Howlett. More designers are standing by to offer their ideas.

A major breakthrough took place in 1990 when Chlika-Chlika SUI 169 hit the water in Geneva. Designed by Sébastien Schmidt and Philippe Meier, this boat was a radical change in both concept and approach. The hull had a different shape, the keel had winglets and a trim tab. Every detail had been checked and optimised. With different crews Chlika-Chlika won many World and Swiss







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DEED OF GIFT

At a general assembly of the Nyländska Jaktklubben held this day it was unanimously agreed to present the 'Nyländska Jaktklubbens Skandinaviska Pris' to the Scandinavian Yacht Racing Union (SYRU) as a challenge cup for an international yacht race under the measurement rule of the International Yacht Racing Union.

In handling over this trophy to the Scandinavian YRU the Nyländska jaktklubben wishes to promote the intercourse with the nations of the world on the basis of friendly competition in the most noble of sports.

May this gift of our club prove a mighty promoter of international yacht racing and be a means of bringing together real yachtsmen from all over the world.

Helsingfors, March 4th 1922 for NYLÄNDSKA JAKTKLUBBEN Ernst Krogius, Commodore Gunnar L. Stenbäck, Secretary

part in international yachting. In the spring of 1919 the Nyländska Jaktklubben (NJK), in Helsinki, decided to create a trophy for sailboat racing in Scandinavia. NJK ordered a trophy from the well-known Swedish royal goldsmith C. G. Hallberg in Stockholm. The trophy was designed by Jean J. Jahnsson and modelled by sculptor Alfred Olsson. The trophy was later named the Scandinavian Gold Cup and became acknowledged as an important trophy.

THE MATERIALS AND PARTS

The Cup, seashell, and the virgin girl are made of solid gold, with 17 small diamonds and two pearls. The seashell sits on green water, which is coloured enamel.

The base is of ivory, which is partly covered with solid silver. The base includes also a miniature NJK flag in blue and white enamel. There are also four blue coloured small pearls. The base is supported by four legs that have a shape of fish; the poor fishes are upside down on their necks.

The size is very small but the weight is considerable because of the solid materials.

The price of the Cup in 1919 was 20,815 marks, which was 18.5 per cent of the annual budget equalling 400 member fees. In 100 years the presumed value has increased by a factor of 12. The winning yacht club is the club where the yacht is registered. This is because it is also a challenge cup for yacht clubs. In paragraph XI it is written "the Cup must be handed over into the care of the winning yacht club".

THE SYMBOLS

The whole piece of art, the sculpture, symbolises and celebrates the independent Finland and the



nation's flag. The golden 'Virgin Finland', the free Finnish woman, rides on a seashell on the waves of the Baltic sea. On the silver plate is written:

'Nyländska Jaktklubbens SKANDINAVISKA PRIS instiftad den 12. mars 1919' 'NJK's Scandinavian Prize instituted March 12 1919'

The trophy also celebrates the flags of yacht clubs in Finland, which is quite unique in the sailing world. Yacht club flags were already being used during the era of autonomy, but independent Finland got a new flag with a blue cross in 1917. Then in 1919 the yacht clubs started to use the blue cross with a white cross on top and in the upper corner of the hoist side the symbol of the club was placed. All Finnish yachts could then use this flag as their national flag.

INTERNATIONAL PRIZE 1922

The first races for the Scandinavian Prize were sailed between *Bimbi* with Tore Holm from Gamleby Segelsällsakp, designed by T. Holm and built by Knut Holm Yachtvarf, and *Beata* with Henrik Ramsay from NJK, designed by G. Estlander and built by Turun Veneveistämö. The boats competed during the Sandhamn regatta on Kanholmsfjärden August 4, 1919. The single race was won by *Bimbi* in a time of 2.43.39, with *Beata* finishing at 2.49.08. In 1920 there was no race, but in 1921 the race was in Helsinki and the

winner was Jonetha, with Henrik Ramsay Bambi, with Yngve Holm, in second.

In 1921 the
Scandinavian Yacht
Racing Union
(SYRU) wanted to
create an international trophy for
the new 6 Metre
class, which had
been growing in
Europe; Finland
had become a
member of the
SYRU in 1920. The
secretary of the
NJK was present

at the SYRU meeting and proposed that NJK would present the new Scandinavian Prize for that event. NJK decided in a meeting on March 4, 1922 to hand the Cup over to the Scandinavian Yacht Racing Union as an international prize. The first Scandinavian Gold Cup races were sailed the following summer in Horten, Norway.

According to the Deed of Gift the competition for the Cup was meant for a class of the IYRU measurement rule. IYRU had chosen new international keelboat classes at its 1919 conference. The IYRU classes were 6m, 7m, 8m, 9m 10m, 12m of the revised Second International Rule and also still First International Rule classes 6m, 7m, 8m, 9m, 10m and 12m (larger were dropped). Other classes were the French 6.5m and 8.5m and

RIGHT: SCANDINAVIAN GOLD CUP WITH HM KING OLAV V AT THE NJK CLUB HOUSE

OPPOSITE:
SCANDINAVIAN
GOLD CUP
AND WORLD
CHAMPIONSHIP
TROPHY - THE 5.5
METRE GRAND
SLAM, WON IN
2011 BY KENNETH
THELEN IN
HELSINKI
PHOTOS: MATTI

BELOW: GOLD CUP 2011, THELEN AND NERGAARD ON THE FINAL RUN PHOTO: JAKKE NIKKARINEN



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70TH ANNIVERSARY YEARBOOK INTERNATIONAL 5.5 METRE CLASS ASSOCIATION



Nergaard, Kristoffer Spone, Trond Solli-Saether), the defending world champions, *John* B, BAH 22, (Gavin McKinney, Lars Horn-Johannessen, Mathias Dahlman), Swiss champions and holders of the Scandinavian Gold Cup, *Marie-Françoise XIX*, SUI 218, (Jürg Menzi, Jurgen Eiermann, Bo Selko). German champions, *New Moon*, BAH 21, (Mark Holowesko, Christoph Burger, Peter Vlasov) were not sailing the Scandinavian Gold Cup, but were one of the favourites for the world title.

THE SCANDINAVIAN GOLD Cup pits one boat from each nation against each other in a battle to win races. It is one of the oldest and most prestigious trophies in the entire sailing world, and with an unusual format. Only race wins matter and the first to three wins takes the historic trophy. It is a hard trophy to win; consistency pays no dividends,



only race wins gives overall victory. The racing is also a true test with three windwardleeward legs and an offwind finish.

The 2018 Cup began with a blustery race on the Solent with a tough opening test of skills and stamina. It was a largely grey day with a few moments of sunshine, but with 10-22 knots and a sharp chop running in the Solent, it was a tough start to two weeks of racing.

As was to be the case all week, the tide was as important as the wind and those who had done their homework were paid dividends. Artemis XIV rounded the first mark with a narrow lead over John B and Marie-Françoise XIX, but the conditions got the better of the former world champions with Artemis XIV broaching twice and John B broaching once to let Marie-Françoise XIX

But the lead was short lived as Artemis XIV pulled right back and the two boats spent the next four legs almost locked together, battling for supremacy. They rounded the final top mark a few boatlengths apart and would remain overlapped all the way to the finish.

Artemis XIV had the inside track and pushed *Marie-Françoise XIX* high, away from the finish. The final gybe would decide who took the first win. It looked like they had gone too far with John B approaching quickly down the rhumb line. Eventually they both gybed together. Marie-Françoise XIX had problems setting her spinnaker and it looked like a win for Artemis XIV. But Menzi got his boat under control and had the better tide angle and they crossed the finish line, still overlapped, but with the bow of *Marie-Françoise XIX* a few metres forward of Artemis XIV.

So the first win went to Menzi and his crew in one of the tightest finishes ever seen at the Gold Cup after 90 minutes of hard racing.

"WELCOME TO SUNNY Cowes," they lied on the second day. "Due to bad visibility there will be a support boat with its navigation lights on half way up the course." Artemis XIV struck back with two race wins, despite nearly not making it to the start line after colliding with a navigation mark on the way to the start.

The day started with some proper English weather with non-stop rain, dropping temperatures and a stiff south-westerly of about 15-20 knots. It was foul weather and it was going to get worse before it got better. The first attempt at Race 2 ended with an abandonment at the first mark following a 60-degree windshift that left the fleet unable to hoist spinnakers on the downwind.

A new course was set with the top marks moved towards Southampton. However, during the race the wind started to shift back to the south and also dropped to 1-2 knots, with nothing but the sound of raindrops on water to keep the sailors company.

Marie-Françoise XIX had a useful lead at the top of the first beat, which was already becoming skewed, but on the second upwind, Artemis XIV sailed more inshore and popped out in the lead for the next four legs, which by now had become procession of one tack beats and tight reaches. Artemis XIV crossed in first to level the score against Marie-Françoise XIX.

For the second race, the rain had eased and the wind was starting to come back, albeit slowly. The first few laps were slow progress with Artemis XIV again finding the

best course out of the tide to lead all the way and build a substantial lead. Marie-Françoise XIX never recovered from the first beat and trailed round in last. It was now 2:1 up for Artemis XIV and with only race winners moving to the next stage, the fleet was down to two for

a final day match race. Artemis XIV needed one more win, while Marie-Françoise XIX needed two.

ON THE FINAL day, only one race was all that was needed for Artemis XIV to win the Scandinavian Gold Cup, the tenth win for Nergaard.

The conditions were in complete contrast to the previous day with sunshine, and



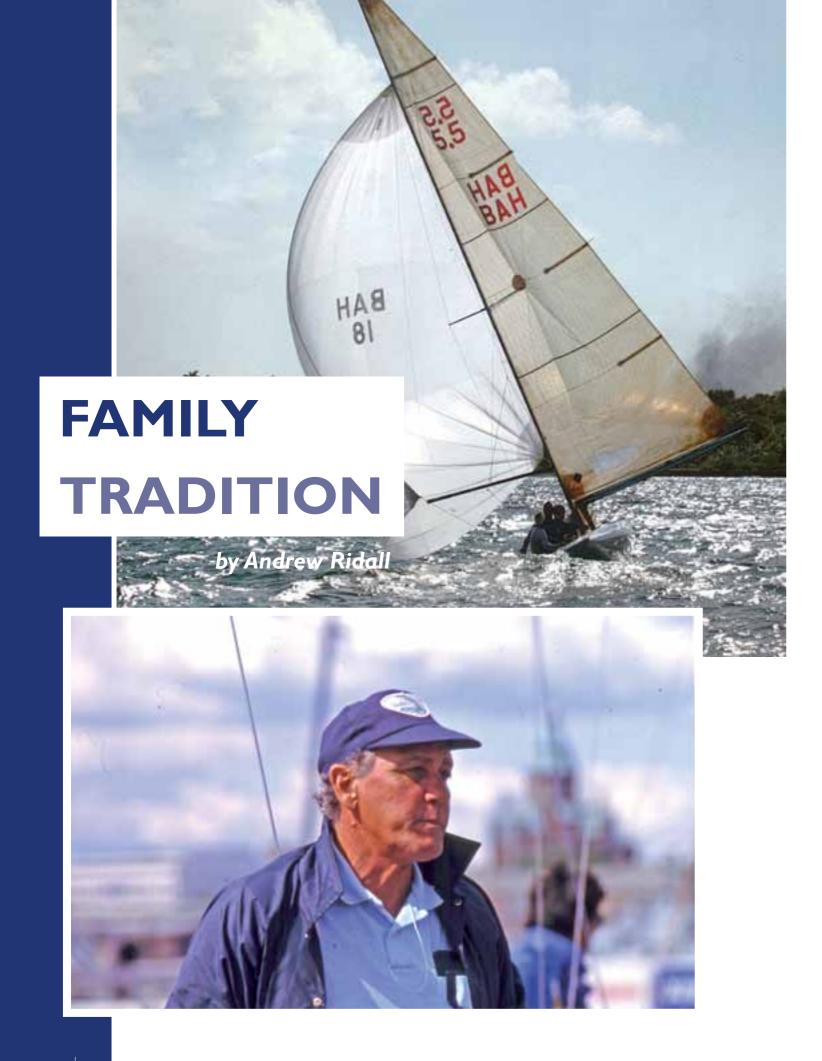
ARTEMIS XIV AND MARIE-FRANÇOISE XIX BATTLE FOR THE SCANDINAVIAN GOLD CUP





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HOW ONE EXTRAORDINARY FAMILY BROUGHT THE 5.5 METRE TO THE BAHAMAS

Befitting a nation of 700 islands, the story of The Bahamas has always been a tale of ships and the sea.

In 1492, Christopher Columbus "discovered the new world" at the Bahamian island of San Salvador. In the 1640s, a group of Puritan refugees arrived on the Bahamian island of Eleuthera to establish the first European settlement in the archipelago. In 1940, the Duke of Windsor - erstwhile King Edward VIII - arrived in Nassau aboard the RMS Lady Somers to take up his new post as Royal Governor. Pirates, slavers, wreckers, U-boats, blockade runners, bootleggers, fishing sloops and treasure hunters have long plied these waters. Well before them, the Lucayan Indians navigated the island chain in dugout canoes capable of carrying as many as 50 passengers.



And then there's yachting. "So much of this country was built on yachting," reflected long-time Bahamian 5.5 Metre sailor, Craig Symonette, from his home near Nassau, the Bahamian capital and site of four class world championships. "The Bahamas has produced two Olympic medals, three European championships and eight world championships, most recently Mark (Holowesko) and Peter (Vlasov) on *New Moon*. We're a small island, 200,000 people here in New Providence, less than 400,000 in the entire country. Compare that to similar-sized villages along the coast of the U.S. or elsewhere ... few places can compete."

SYMONETTE, SAILING AND THE RISE OF A NATION

Symonette would know, as the story of the modern Bahamas – and its evolution into a sailor's paradise - is inextricably linked with his own family's history. Craig's father, the late Sir Roland Symonette, was the country's first Premier and the architect of a prosperous national economy built on the nexus of hospitality, industry, finance and real estate. Apropos of his environs, the elder Symonette first found fame and fortune on the high seas. One of nine siblings born at the turn of the 20th Century, Symonette was exiled by

OPPOSITE:
PETER VLASOV,
MARK COVELL
AND CRAIG
SYMONETTE
SAILING SILVER
FOX IN MONTAGU
BAY, BAHAMAS

FAR RIGHT: BOBBY SYMONETTE

RIGHT: POP'S JOHN B, BA I I, IN THE BAHAMAS IN 1981

PHOTOS CRAIG SYMONETTE

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ABOVE: SAIING IN THE 1960 OLYMPICS

BELOW LARS HORN JOHANNESSEN, GAVIN MCKINNEY. AND CRAIG SYMONETTE WITH THE SCANDINAVIAN GOLD CUP

his father, a strict Methodist Minister, to the southern island of Inagua at the tender age of 16. There, seeing a ship moored precariously before an impending gale, Symonette swam out and directed the captain to a more secure anchorage. His actions saved the ship and earned him passage as a paid hand. Competent, driven and opportunistic, he parlayed this modest appointment into command of an expanding fleet of vessels. Among other things, Symonette owned one of the largest fleets of rum-runners, supplying liquor to the boundary of the territorial



sea, where it was spirited off by bootleggers to slake America's thirst during Prohibition.

The growth of competitive yacht racing in The Bahamas also traces its roots to the Symonette family. Sir Roland - known as 'Pops' to his many admirers - was himself more sailing ambassador than competitive yachtsman. To promote The Bahamas and lure international sailors to its emerald waters, Symonette founded the Nassau Yacht Club - still the center of competitive sailing in the country - as well as the Miami-Nassau Ocean Race - now part of the Southern Ocean Racing Circuit. "Dad loved sailing," recalled Craig, "and saw it as an obvious way to promote development in The Bahamas. I remember the time one of his dredges sank in Highbourne Cay. It was the night of the Miami-Nassau Ocean Race party, which he was hosting at our house. We had a thousand people, 16 bars. I think there were 30 conch fritter stands, all laid in charcoal. Outwardly, he didn't have a worry in the world." The curious Cay Sol Yacht Club, which Sir Roland founded on a spit of rocks proposed for an oil trans-shipment terminal off the coast of Cuba, offers another interesting example of how Symonette used sailing to promote development in The Bahamas. Club membership was capped at five in perpetuity: in addition to Sir Roland and the father-son developers who owned the islands, Ernest Hemingway and Howard Hughes rounded out the membership roster.

BOBBY SYMONETTE AND THE **BAHAMIAN CONNECTION**

But, it was Roland's son - and Craig's halfbrother - Robert 'Bobby' Symonette, who established the relationship between the 5.5 Metre class and The Bahamas. As Craig remembers it, Bobby was first introduced to the class by Al and Ernie Fay, the Texas oilmen and political operatives who co-founded the Texas Corinthian Yacht Club and were active in the 5s from the 1960s to the 1980s. Like the Fay Brothers, who studied geology at Yale and Harvard, respectively, Bobby had a scientifically inquisitive mind, having earned a degree in engineering from MIT, and was successful in both business and

politics. Craig recalls that many of the early 5.5 sailors were similarly disposed. "The metre boats attracted technically-oriented sailors," he explained, "and 5.5s were no exception. I think that's what drew Bobby to the class. He was very interested in the design of the boat and how that could be optimised within the formula."

Bobby's first world championship was in 1961 in Helsinki aboard John B (BA 1), the Luders-designed, Kungsor-built yacht he had commissioned two years earlier. The following year, Bobby celebrated his first podium finish in the class, taking silver in the World Championships at Poole, UK. He won the Scandinavian Gold Cup in 1974 and 1977, and then again in 1982 and 1983 with step-son Gavin McKinney as crew (Gavin would go on to win the Gold Cup in his own right in 2000 in Holland and 2001 in Germany with Craig Symonette as crew). A string of boats followed the first John B, all bearing some variation of that name, which references the Bahamian folk song later made famous by the Beach Boys on their iconic album, Pet Sounds. In addition to half a dozen John B new builds from yards in Switzerland, Sweden and Australia, there was also John B Once Again (BA 17, Schmidt/Steinmayer) and, in a tip of the hat to the family patriarch, Pop's John B (Luders/Muir)



THE TIDE COMES IN

Bobby Symonette passed away in 1998, but his contribution to Bahamian yachting, and, in particular, the nurturing of the relationship between The Bahamas and the 5.5 Metres, cannot be overstated. Bobby was instrumental in bringing the 5.5 Metre World Championship to The Bahamas for the first time in 1967. By that time, he had gotten younger brother, Craig, and step-son, Gavin, into the class as well. "The irony of '67," remembered Craig, "was that Bobby didn't even get to sail. It was a pivotal moment in Bahamian history, the year Randol Fawkes broke a tie in the general election and ushered in Majority Rule. Bobby was

ABOVE: GAVIN MCKINNEY. ROBERT H (BOBBY) SYMONETTE, CRAIG SYMONETTE, HM KING OLAV, STEFF HERBERN

BELOW: JOHN B VII





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